

CURRICULUM VITAE



Dr. DENISA ESKIU MD, PhD

General Surgeon | Breast Surgical Oncologist & Oncoplastic Surgeon

Senior Lecturer & Researcher

Department of Surgical Sciences - Faculty of Medicine

Catholic University "Our Lady of Good Counsel" Tirana, Albania

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PROFILE

Breast Surgical Oncologist and academic leader with expertise in surgical oncology, medical education, and capacity-building initiatives. Committed to advancing personalized breast cancer care and strengthening high-quality, equitable surgical training in Southeast Europe.

Actively engaged in teaching, research, and academic governance, with particular focus on gender-sensitive education models and the reduction of disparities in cancer care. Experienced in cross-border academic and clinical collaboration within European healthcare and research networks.

CURRENT ACADEMIC POSITION

Senior Lecturer & Researcher (2019 – present)

Department of Surgical Sciences, Faculty of Medicine - Catholic University "Our Lady of Good Counsel", Tirana, Albania

- Teaching General Surgery, Human Physiology
- Co-Director of the Surgical Techniques and Suturing Course
- Academic mentorship and thesis supervision
- Member, Department of Surgical Sciences

CLINICAL ROLE

Breast Surgical Oncologist

- Specialized expertise in breast-conserving surgery, implant-based reconstruction, and oncoplastic techniques.
- Clinical training and collaboration in breast surgery at University Hospital "Tor Vergata", Rome.

EDUCATION & QUALIFICATIONS

- **PhD in Medical and Surgical Sciences (Cum Laude, 2025)**
University of Rome “Tor Vergata”, Italy.
Research focus: Breast Oncoplastic Surgery and Surgical Outcomes
- **Specialization in General Surgery**
Catholic University “Our Lady of Good Counsel”
Clinical training at University Hospital “Tor Vergata”, Rome, Italy
- **MD, Master of Science Degree - Medicine and Surgery**
Catholic University “Our Lady of Good Counsel” Tirana, Albania
- **Professional Licensure**
 - Physician–Surgeon License, Italy
 - Physician–Surgeon License, Albania

ACADEMIC & SCIENTIFIC LEADERSHIP

- **Scientific Director, "Koha për Gjirin" - National Personalized Breast Cancer Risk Assessment and Health System Integration Initiative**
- **Management Committee Member, COST Action CA24158: DISSECT - European Cooperation in Science & Technology**
- **Member, European Society of Surgical Oncology (ESSO)**
- **Principal Investigator, Research Grant 2024 – Catholic University “Our Lady of Good Counsel”**
- **Scientific Director, National Conference & Training Course on Personalized Breast Cancer Risk Assessment and Early Detection (2025)**
- **Co-founder & Vice President, Albanian Society of Nutrition Science (ASNS)**
- **Member, Scientific Committee (National & International Congresses)**

SELECTED CLINICAL & ACADEMIC EXPERIENCE

- **University Hospital “Tor Vergata”, Rome, Italy**
 - Breast Surgery Department. Prof. Oreste Claudio Buonomo
 - Digestive Surgery Department. Prof. Giuseppe Sica
 - Thoracic Surgery Department. Prof. Vincenzo Ambrogi
- **German Hospital International, Tirana Albania**
 - Breast Surgery Department
- **Hygeia Hospital International, Tirana, Albania**
 - General Surgery Department

SELECTED PUBLICATIONS (2024-2025)

- **Eskiu D. et al.** Post-operative complications do not influence time to adjuvant treatment in breast cancer patients undergoing implant-based reconstructions: Pre-Pectoral versus Sub-Pectoral. *Cancers*, 2025.
- **Eskiu D. et al.** Cavity shave technique for safe resection margins in breast-conserving surgery: a randomized clinical trial. *Surgical Oncology*, 2025.
- **Eskiu D. et al.** Evaluating Tumor Size to Ki67 Proliferation Index Ratio for Optimizing Surgical Axillary Treatment Decisions in Breast Cancer Patients. *Cancers*, 2025.
- **Eskiu D. et al.** Feasibility of a Green Breast Surgery Protocol to Reduce Carbon Footprint of Care: BuGS Trial Interim Results. *Journal of Clinical Medicine*, 2025.
- **Eskiu D. et al.** Revolutionizing Women's Health Care with a sustainable change: Breast Green Surgery (BUGS) Protocol. *World Cancer Research Journal*, 2024.

(Full publications list available as separate attachment.)

PROFESSIONAL DEVELOPMENT (SELECTED)

- **ESSO-KBCS Minimally Invasive Breast Surgery (MIBS)** Masterclass and Workshop Abu Dhabi, United Arab Emirates. (2026)
- **Advanced Thoracic Surgery Masterclass** (VATS & RATS), Rome (2024; 2025)
- **St. Gallen International Breast Cancer Conference** (2023)
- **Advanced Oncologic and Minimally Invasive Surgery Courses**, Rome (2022-2023)

HONOURS AND AWARDS

- Outstanding Achievement Award - Youth Achievement Foundation (USAUD)
- Scholarship Award - U.S. Department of State (SEELYLI Program)

LANGUAGES

- Albanian – Native; English – C2; Italian – C2; Spanish – B2; French – B1
(* Common European Framework of Reference (CEF) level)